

Leadership Decision Making: *Using your multiple brains for wiser decision making*



"Today's strategic environment is marked by volatility, uncertainty, complexity, and ambiguity (VUCA)"

Leadership Decision Making is a two day course, with additional one on one Executive Leadership Coaching, to give you the 'how' behind using heart and gut intuition in decision making. Recent research in the Neuroscience of Leadership shows that the best decision makers don't make decisions from just the head – they tap into their intuitive awareness at the heart and gut levels, especially in complex and uncertain times – but until now we have not had a course to teach us how to do that.

Learn how to:

- Bring wisdom to leadership decisions
- Lead complex emergent change
- Gain clarity, confidence and trust in your decision making
- Bypass your mind biases - your blind spots
- Tap into the intuitive intelligence in the people around you
- Align your head, heart and gut wisdom

Who is this training for?

- ✓ Senior Leaders
- ✓ Managers
- ✓ Coaches
- ✓ Mentors

... anyone who is charged with the challenge and responsibility of making sound strategic and business decisions that affect the viability and profitability of the enterprise

... anyone who works with people and who wants to connect with and align their innate intuitive intelligence and tap into their inner wisdom to make wiser decisions

Contact *mBraining4Success* to find out more information:
suzanne@mbraining4success.com

mBIT Leadership Decision Making is informed by the action research, evidence based field of *mBIT Coaching*. Standing for *multiple Brain Integration Techniques*, also known as *mBraining*, it is a field that uses neuroscience findings about your multiple brains (head, heart and gut brains) and what they have to offer for increasing intuitive abilities and for immediately generating wiser decision-making in your daily life. Providing you with numerous, practical and easy to learn methods, this methodology provides immediate opportunities to communicate with and tap into the innate intelligence of your multiple brains to reorganise how you are making decisions in the complex and volatile decision environments we all live within.

Business today cannot afford to be mired in old-world thinking and outmoded decision strategies.



"The mBIT Leadership Decision Making workshop is an exciting and innovative integration of research and practical application of Head, Heart, Gut in decision making. The sharing of the Research being done in this arena validates what many of us have felt intuitively when doing this work. Thanks to Grant for an inspiring two days filled with warmth, openness and inclusive facilitation."

Patti Gwynne PCC (ICF)
Business/Executive Coach, New Zealand

"As a leader, I have experienced and I hear other leaders saying it too, 'I am making it up as I go along, after all these years I am faking it till I make it' (even though everyone is telling you that you have made it). This workshop helped me deeply understand myself more which is the key to leadership and therefore gave me the confidence not to doubt my decision-making process. I now have tools I can carry with me every day to guide me with the 'hard-ass' decisions that we as leaders have to make. The very next day I responded to staff in a way that felt more me than it ever has and got great result."

Rochana Sheward
Community Executive Officer, New Zealand

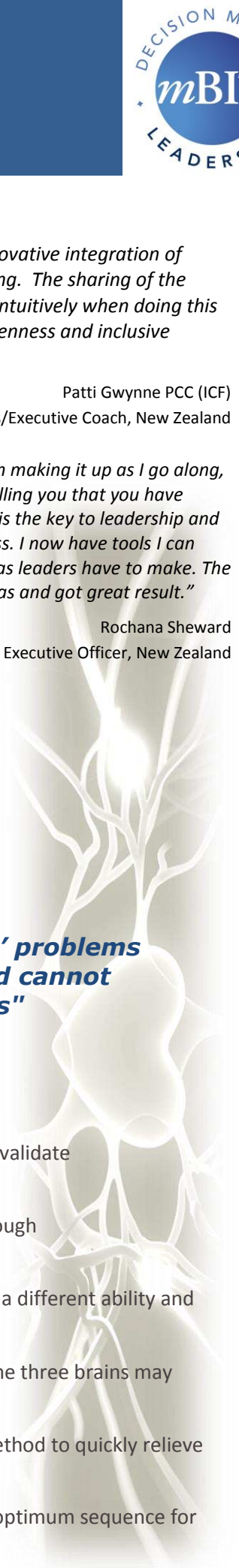
Do you find yourself or your staff struggling with:

- ? Difficulty in making decisions?
- ? Uncertainty and insecurity?
- ? Stress and burnout?
- ? Difficulty in learning from complex ongoing experience?

"Complex adaptive systems have adaptive or 'emergent' problems that are not predictable, have higher order effects and cannot be solved by standard decision making methods"

The powerful new techniques you will learn in this training:

- How **neuroscience research** has shown that you have three brains, and how these findings validate **ancient wisdom teachings and practises**.
- How to harness the innate intelligences and generative wisdom of your multiple brains through the process of '**mBraining**'.
- The **9 Prime Functions** of your head, heart and gut brains, and how each provides you with a different ability and talent, and how they can both affect and be incorporated into the decision making process.
- The **5 classes of mBIT Neural Integration Constraints** that give you deep insight into how the three brains may produce internal conflict within your decisions, and what you can do about it.
- How to balance the Autonomic Nervous System through the '**mBIT Balanced Breathing**' method to quickly relieve stress and gain access to the innate intuitive intelligences of the three brains.
- The '**mBIT Foundational Sequence**' to ensure you are working with the three brains in the optimum sequence for generative decision making results.
- The '**Highest Expressions**' of the multiple brains and how to use them to produce emergent and wiser decisions.



“If you know yourself well, you can stand up for what you believe in.”

In this workshop you will learn deep insights into your own unconscious intuitive processes.

- In the increasingly complex and volatile social, health and business environments that organizations operate in, leaders who are unable to tap into and harness the full intuitive and innate intelligence of their multiple brains (head, heart and gut brains aligned together) are at a distinct disadvantage.
- A new field of leadership development is emerging, known as *mBIT* (multiple brain integration techniques) and it provides organizational leaders with practical methods for aligning and integrating their head, heart and gut brains for increased levels of emergent wisdom in their decision-making.

- ✓ **Gain a gentle, yet powerful and practical set of tools for wiser decisions**
- ✓ **Learn how research validates the Highest Expressions of Leadership – Compassion (heart), Creativity (head) and Courage (gut)**
- ✓ **You will be provided with practical tools underpinned by the latest research findings**
- ✓ **Learn how to access your courage to step outside the box and breakthrough what’s been holding you back**

“mBraining is simple, easy to access through breathing and just makes sense as a practice that we can all build into our every day life. For me, it links the ancient wisdom in my Buddhist practice with modern science to support what I know in my heart is the best way to be in the world, loving and compassionate to all sentient beings.”

*Alistair Cran
IT Business Development Manager
New Zealand*

- The Decision Environment/Landscape we all now operate in involves highly complex ‘*emergent*’ and VUCA problems that cannot be solved by old-fashioned head-based decision tree processes. Simple technical problems can still be solved by ‘*above the neck*’ logic, but complex adaptive problems require ‘*below the neck*’ i.e. The use of all three brains (Head, Heart, Gut) aligned together.
- The Autonomic Nervous System (ANS) innervates and influences all three brains, and for maximal adaptive response it needs to operate in a balanced/coherent mode. Research shows that stress and depression both down-regulate problem solving and decision making ability.

Learn to use all three of your brains and intuitive intelligences to make wiser and more effective decisions. Gain a reputation for making wiser decisions, even when there isn’t a lot of data to base them on. Save your organisation from making expensive, short-sighted or poor decisions.

Increase your skills with this 2 Day Science Based Experiential Executive Workshop with accompanying Executive Leadership Coaching



Dr Suzanne Henwood

Suzanne is an mBIT Master Trainer and works globally to provide a range of training and coaching opportunities, with a special focus on leadership and staff engagement. Suzanne has a background initially in healthcare and undertook her PhD looking at professional development. She is author of numerous books, book chapters and articles, regularly speaks at international conferences and works closely with the developer of mBraining to continue to expand and extend the research and training designs to maximise the potential impact mBraining can have in the world to increase wisdom and compassion in all areas. Suzanne is a passionate lifelong learner and inspires people and organisations to be the best they can be.



Vivienne Berry

Vivienne Berry is an mBIT Master Trainer who has trained and coached globally for 30 years. She has been a fore runner in bringing values based strategies and processes to a range of organisations. Her focus has been on alignment - values alignment for the individual, teams, leadership groups and Organisations as a whole; profit and not for profit. Vivienne believes even more strongly today that the key to success in all areas of life is alignment in self, team (family or professional), organisations and community. Alignment leads to wise decision-making and the world requires more wisdom.

Date of next Training: 10-11th December 2015

Time: 9:00 AM – 6:00 PM Daily

Venue: TBA

Plus 1.5 hrs - One on One Executive Leadership Coaching to explore specific application of your learning to your workplace

Complete the Registration overleaf and send it back ASAP to reserve your place

Registration Form: Leadership Decision Making

First Name: _____

Last Name _____

Company Name: _____

Occupation: _____

Mailing Address: _____

Telephone (landline): _____

Cell: _____

Email: _____

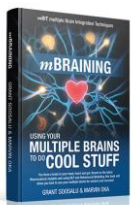
Your Signature: _____

Date: _____

Payment method: *Direct Credit* *PayPal*

Direct Credit –

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RRP: \$895 + GST (\$1029.25)



Please note the terms and conditions of enrolment into courses:

Withdrawal/Transfer from the course after enrolment incurs a minimum 10% fee for administration costs.
Withdrawal from the course within 1 month prior to start date defaults 25% of the course fee.
Withdrawal from the course within 2 weeks prior to start date defaults 50% of the course fee.
Withdrawal from the course within 1 week or after commencement of start date defaults full course fee.

...remember to secure your place, send in your registration form today!