

HAIR POSTAL INSTRUCTIONS

Before you remove (pluck out) the hair strands and hair bulbs, please read and follow these instructions.

PLEASE NOTE: Head hair samples are preferred. Eyebrow hair is also acceptable; pluck two eyebrows from above each eye with the root bulb intact. Armpit or chest hairs are NOT acceptable.

Permed, tinted, coloured or recently washed (with or without shampoo) hair samples are all acceptable provided the hair bulb is present.

Please post **within 24 hours** of taking the sample. Do not post the hair samples on a Friday as we need the hair to arrive within 5 days. Use the enclosed postal bag.

PLEASE NOTE: it will take several days for your report to get to you once you send off your hair.

Global Health Clinics
409 Lake Rd, Takapuna, Auckland Ph: (+64) 9 488 0208
www.globalhealthclinics.co.nz

▼ Write your details below:

Name:

Address:

Email:

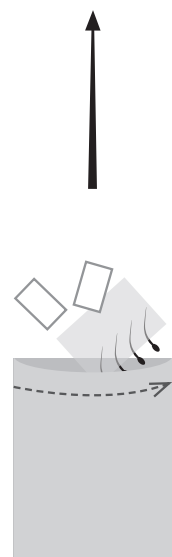
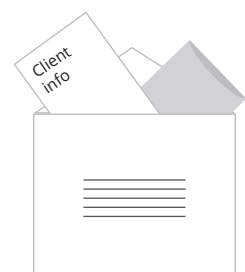
Phone no:

Date of birth:

Gender:

Time hair sample taken:

Date:



6
Seal the shielding bag immediately and post with your completed client information.

5
Place the hair sample in the shielding bag with the 2 sachets.

1
Remove all jewellery and accessories. Move away from all electronic devices and out of direct fluorescent light.

2
Sit and breathe evenly for 30 seconds to relax.

3
Using tweezers, pluck a minimum of 4 strands of hair with the bulb attached, from the middle and back of your head.

4
Peel the hair retaining strip to place your hairs with the bulbs sticking out and press the cover back in place.

